

# Survival Kit Contents

## Signaling

- 1 signal mirror
- 1 strobe light with extra batteries
- 2 whistles
- 6 red flares and 6 orange smoke flares
- Handheld VHF

## Survival

- 1 filet knife with sheath
- Leatherman multi tool
- Sharpening stone
- Handheld compass
- 25 windproof, waterproof matches
- 1 portable fishing kit
- 1 spare flashlight with extra batteries
- 12 chemical light sticks
- Food and water
- Coffee, tea, hot chocolate, flavored drink mix, bouillon cubes.
- Hard candy, gum
- Canned tuna

## Personal protection

- 2 space blankets
- 2 lightweight ponchos
- 1 pair of leather work gloves
- Insect repellent
- SPF 30 sunscreen
- 1 lip balm
- Sun screen

## First aid kit

- Dramamine
- Ample supply of bandages
- Burn ointment
- First aid tape
- 4 Gauze compresses
- 1 elastic bandage
- Round tip scissors
- 2 triangular bandages
- Antibiotic ointment